
Student-led innovations to solve health problems among university student communities

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Team Leader*

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MAKERERE UNIVERSITY
COLLEGE OF HEALTH SCIENCES
SCHOOL OF PUBLIC HEALTH



What is **SCOFOH**?

- **Students' Coalition For Health (SCOFOH)** is a multidisciplinary team consisting of students in higher institutions of learning from different fields of study.
- The over all goal is to improve the health of students through innovative and strategically designed interventions.
- These different fields of study include human health, animal health, social sciences, Information Technology and others.
- These students come together to try and solve student and target youth health related issues.
- Based at Makerere University School of Public Health(MakSPH).



SCOFFOH'S APPROACH

- Student and broadly young people experience several health related and social challenges which when not attended to early enough, may result into long-term consequences.
- **SCOFFOH** approach is premised on the fact that **empowered students have the potential to sustainably contribute to their own well being.**
- The approach entails **using students to change students, and empowering students to empower students.**
- Peer to Peer approach



SHIVA Campaign

- SHIVA (Students' HIV/AIDS Awareness) Campaign is a student-led initiative which involves students volunteering to talk to fellow students about HIV/AIDS.
- We raise awareness about the risks of HIV infection, increase uptake of HIV prevention interventions and mitigate HIV-related stigma among students.



**TELL A FRIEND TO
TELL A FRIEND**

**MASS RED RIBBON
CAMPAIGN**

**SENSITIZING THROUGH
TALENT**

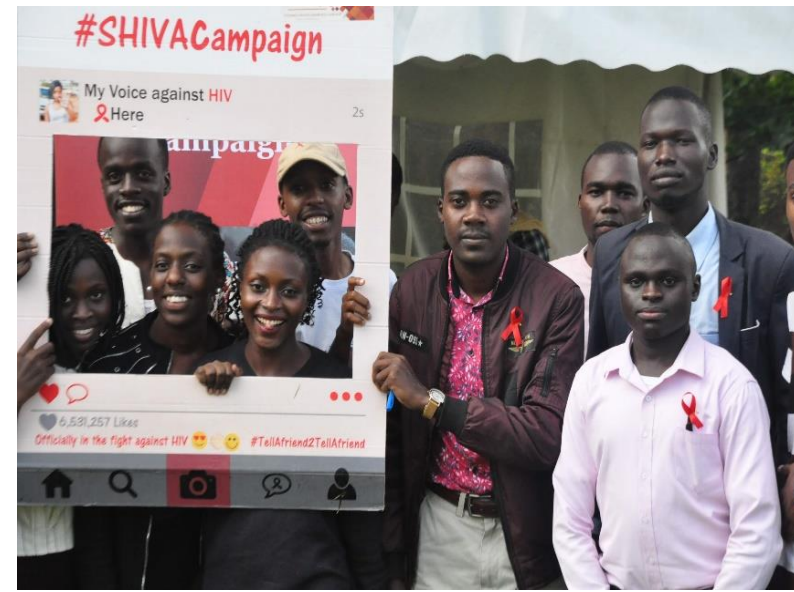
GROUP DISCUSSIONS

I-TESTIFY

PHOTOGRAPHY



**JOIN US
NOW!**



No Heights, No Problems Campaign

No Heights-No problems Campaign is a student-led initiative which involves students volunteering to talk to fellow students about drug abuse.

So far in Kyambogo University and Makerere University

Still prioritizing on the Alcohol Awareness month(April)

- Health Education sessions about drug abuse with fellow students
- Alcohol free parties
- Recovery Walk
- Mass Blue Ribbon campaign



Where are we now?

Since 2015:

- **SHIVA Campaign** has reached over 20,000 students with 100 active volunteers in 10 universities.
- Over 50,000 red and blue ribbons have been made and distributed to students and sold 3000 red ribbons to two organisations.
- **No Heights, No Problems** campaign has reached about 800 students in 2 universities.
- We hope to reach at least 30 institutions with **SHIVA** and **No Heights No Problems** Campaigns by 2022

TUESDAY FEBRUARY 13 2018

On a mission to fight HIV in universities

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Filimin Niyongabo and Tonny Muwonge, leaders of Students' HIV/AIDS Awareness (SHIVA) campaign. PHOTO BY MICHEAL KAKUMIRIZI

New Vision KENYA'S LEADING DAILY

Thursday, April 12

Home | News | Students use pocket money to fight HIV in institutions

Students use pocket money to fight HIV in institutions

By Norman Katende Added 1st December 2016 08:47 AM

According to Tony Muwonge, the leader of the association for Students Coalition for Health (SCOFOD), the statistics do not favour age group.



Most Read

- WTO warns protec trade growth forec 12 Apr 2018
- Notice from ATC U 12 Apr 2018
- Chinese baby borr death in car crash 12 Apr 2018
- The accident that 12 Apr 2018
- Notice from Minis 12 Apr 2018

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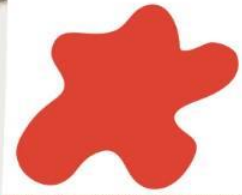
- *ACACIA MALI
- *METROPLEX
- *GARDEN CITY



Major Challenges

- **Financial constraints:** major sources are students' pocket money, Dean School of Public Health and ribbon sales.
- **Time;** students have to balance time for academics and SCOFOH activities
- **Transitioning;** students always leave after studies and more have to be mentored.

 *The* **Ribbon Sale**



*Hi there,
We make and sell ribbons to raise
money for campaigns to raise
awareness about HIV and stop
stigma among university students.*

*You can support us...
Contact: +256 780 525032
shivacampaign@gmail.com*

More info: scofoh.wordpress.com



SHIVA
CAMPAIGN

Photo by Kstudio / Freepik



Whom have we worked with?

- Makerere University: **Makerere University Vice Chancellor; Prof. Barnabas Nawangwe, Dean School of Public Health; Prof. Rhoda Wanyenze, SCFOFH Patron; Dr. Geoffrey Musinguzi.**
- Student guilds of UCU, KYU, YMCA, MUBS, NKOZI, MUST, BUSITEMA, KIU and MUK
- **SHIVA** Campaign Ambassadors
- Makerere University Walter Reed project.
- Naguru hospital, Mukono HCIV
- MUST Peer Project
- Uganda Network of Young Positives Association (UNYPA)
- Recovery Walk Coalition
- Bill Benkunda- Health Youth Lifestyle Options (HYLO)
 - Stop Underage Drinking Uganda (SUDU)
- The Joint United Nations Programme on HIV/AIDS (UNAIDS) Uganda



How to get involved?

1. Buy a ribbon!
2. Follow us on social media and spread the message:

Facebook: [Scofoh_Ug](#)

Twitter: [@scofohug](#)

[@shiva_campaign](#)

3. You can become a funder, a co-funder or a partner.

Contact:

Tel. +256 753 414942 / +256 751 985106/ +256 787 761003

Blog; scofoh.wordpress.com

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shivacampaign@gmail.com

*“You must be
the change you
wish to see in
the world”
Mahatma Gandhi*



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